



'Extra Reps' Hitting Clinics

The hardest thing to do in sports is to 'square up' a round ball with a round bat. It can be argued, but there is no single athletic skill more difficult than hitting a baseball. Add to that the challenge of learning and practicing all of the other parts of the game with your team while still keeping your hitting skills sharp. It's very difficult. There's a reason that even the best players in the world - Major Leaguers - get to the stadium 6-8 hours before their game starts and take hundreds or even a thousand daily swings. For the first time ever, we are excited to offer an in-season small-group hitting program that will allow players to receive extremely small group attention to their swing while they are playing games. Our most focused hitting clinic yet will include 1 coach (Brandon White) and **no more than 5 comparably skilled players**. Each week, parents will be asked to submit videos of a few of the player's At-Bat's from the week. Before each session, Coach White will review the videos and then use that information to customize the player's weekly instruction.

The camp is planned for 10 weeks of the spring season, but priced for players to attend 8 sessions. The camp is scheduled later on Sundays when most teams don't have scheduled practices or games. Aware that every Sunday won't work for every player - some due to tournaments, vacations or other plans - the camp is priced for players to choose 8 of the 10 sessions to attend as their schedule allows.

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